

Name:	Suicide Prevention Action Plan		
Duration:	2017-20		
Relevant strategies:	Joint Health and Wellbeing Strategy, Mental Health Strategy		
Board responsible for monitoring action plan:	Health and Wellbeing Board		
Owner:	Nicole Klynman/ Tizzy Keller		
Review date:	Jun-18	Frequency of monitoring/reporting:	annual

Priority:	Reduce the Risk of Suicide in Key high risk groups						
Objective (if applicable):	To reduce the risk of suicide for young and middle-aged men and women						
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG rating
1.1	Promote the training of frontline staff in organisations including the City of London Police, the Metropolitan Police and staff who work near at risk locations in mental health first aid to help them engage men and women in conversations about - Wellbeing and mental health - Accessing appropriate information/self-help support	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Number of frontline staff trained Training material Promotion of training Examples where training has been used to good effect 	Public health	A 2-day Adult MH First Aid session was hosted at Guildhall in Apr-18. 11 free places given to staff from CoL commissioned providers. PH team looking into whether appetite for further sessions. City of London Corporation hosted a suicide prevention awareness event as part of Thrive in the City for the Emergency Services (Apr-18), which is a day-long London-wide programme of events (CoLP, Met Police, LFB and LAS in attendance). Tizzy Keller and Sgt Mark Montgomery led the session. A 2 day session is planned in January 2019, 8 spaces are available for frontline staff and commissioned providers (possibly police, schools, RNLI?).	Green
1.2	Promote and provide information, training and supporting resources to City employees through Business Healthy member organisations including Small to Medium Enterprises. for SMEs	Jun-17	Ongoing (annual Updates)	<ul style="list-style-type: none"> Information relevant to suicide on the Business Healthy resource pages Number of Business Healthy members 	Public health Business Healthy	A 2-day Adult MH First Aid session was hosted at Guildhall in Apr-18. 11 free places given to staff from CoL commissioned providers. PH team looking into whether appetite for further sessions. City of London Corporation hosted a suicide prevention awareness training in October 2018 in Canary Wharf where they shared best practices and learning, there was a session in February 2019 which was very successful.	Green
1.3	Support City of London businesses to achieve the London Healthy Workplace Charter award and also to comply with HSE Stress Management Standards and NICE Guidance	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Number of businesses which have achieved the London Healthy Workplace Charter 	CoL Port health and public protection Business Healthy	Dragon Café in the City has been running since Feb-18, was being evaluated against CoLC and other objectives. BH continues to promote the LHWC and HSE mental health-related information and resources. The dragon café pilot finished and the feedback was that visitors were city workers, middle age men and that once they had been to the café they were more inclined to engage with mental health services, also 2/3 of participants said they noted an improvement in their wellbeing after attending the session. Funding for a second year was secured at the beginning of 2019.	Green
1.4	Promote 24/7 crisis hotlines with a marketing campaign targeting primarily resident and City worker males (using Kent's Release the Pressure campaign).	Jun-17	Initial 4 week push then ongoing (update to HWBB September 2017)	<ul style="list-style-type: none"> Tube/rail and digital adverts (June – 17th July) Number of clicks onto website Follow up survey (September 2017) 	Public Health	Campaign seen a total of 30 million times across the four-week initial campaign (Tube, rail and digital ads alone, not including press coverage, etc. 10x increase of visits to the MH webpage of the CoLC website during the campaign. NK to ask Fawzia 12/18 RtP is an ongoing campaign and has also been continued through Dragon Café in the City's promotion and branding. January 2019: New Website Offering Support to People at Risk of Suicide www.StayingSafe.net added to www.cityoflondon.gov.uk/releasethepressure	Green

1.5	Train barbers in the City of London to talk to men about emotional health/the Release the Pressure campaign/five to thrive.	Jun-17	Ongoing (6 month updates)	<ul style="list-style-type: none"> Number of barbers who undertake training Feedback from barbers on how this is perceived and used Exposure of campaign 	Public Health CCG	<p>Market research has been done with 10 barbers in the City and only one was interested. These barbers will be invited to take part in the street pastor suicide prevention training. We are trying to get a City of London accreditation for documents at the barbers but this is currently on pause as it was hard to engage with the barbers for lack of time on their part. A new project could be leaving them documentation or a sticker on their mirror with the crisis hotline number. 13/5/2018 CoL has engaged with Tom Chapman from the Lion's Barbers Collective, Tom has successfully trained many barbers across the UK in Barber Talk (an adaptation of Safe Talk training for barbers), Tom chapman has agreed to help CoL engage with barbers and train them, the hope is that there will be three training sessions by Tom's team before september 2019 to train all 90 city barbers, the City is expected to finance the training and the lion barber's collective will provide the venue and do the engagement with the barbers. Additionally a PR event at the livery hall of barbers and surgeons will be organised in cooperation with the barbers lion collective on october 7th 2019.</p>	Amber
1.6	Provide suicide prevention training to primary care professionals	Jun-17	Dec-17	<ul style="list-style-type: none"> Number of practice nurses who have had mental health training 	CCG	<p>The CCG have an annual update for primary care on Dec 1st 2017 which is looking at the local suicide data and discussing crisis plans. The CCG have arranged suicide prevention training for NHS professionals. NK to ask farrah for update 12/18 ELFT putting together a support package on mental health training for Primary Care nurses. The CCG also arranged training during MH awareness week for GPs on prevention.</p>	Green
1.7	Implement the 'Street Triage Pilot'. Advanced Mental Health Practitioner to accompany the City of London Police on callouts at peak times.	May-17	Dec-17	<ul style="list-style-type: none"> Evaluation of the 'Street Triage Pilot' 	ELFT City of London Police	<p>Street Triage will go to 7 nights per week from June 2018 and the most recent evaluation has taken place december 2017. The evaluation is done, very good data was gathered, meeting with partners (CoL, Police, ELFT, CCG) to secure funding for 2020 Street Triage continues to reduced the number of potential s136s by 48%</p>	Green
1.8	Street Pastors to be positioned at high risk locations in the City at high risk times.	Jun-17	To begin by June 2018 and ongoing	<ul style="list-style-type: none"> Street Pastors regularly patrolling the City. 	City of London Police	<p>The police and street pastors working every weekend with 2 teams of 3 street pastors they are now including high risk locations in their patrols. Suicide prevention training for street pastors planned for 2018. It is hard to find a convenient time to train all the pastors at the same time. 13/12/18 The City Pastors have had at least one team patrolling every weekend since the launch in July 2017. This is generally on Friday night but on occasions Thursday and/or Saturday. At the commencement of each patrol the team contracts the control inspector and patrol sergeant seeking directions of where to patrol. Whilst the general request is to focus on the Bishopsgate corridor to patrol London Bridge, or other bridges is also often requested. Most patrols will visit one of the bridges at least once during a night's patrol. During this period the volunteers have not had any significant interventions.</p> <p>On one occasion there was a specific request to attend London bridge as police had received advanced information that someone was attending who was threatening suicide. The team attended and remained on the bridge for an hour but the person did not arrive.</p> <p>The force training section is preparing a training course for the volunteers on aspects off vulnerability including potential suicides. It is anticipated that this training will be delivered in February 2019.</p>	Green
1.9	City of London Corporation commissioned services to promote suicide awareness campaign where appropriate	Jun-17	To be on website by September 2017 and ongoing	<ul style="list-style-type: none"> Add 'Suicide awareness / prevention' component to Stress and the workplace section of drug and alcohol talks delivered to City businesses. 	WDP Square Mile Health	<p>They have updated their training to increase focus on MH and suicide prevention in the drug and alcohol training. Update at the next contract meeting from monica patel. WDP incorporated MH in to their talks and interventions</p> <p>This was actioned by Danielle Mervyn.</p>	Green

Priority:	Tailor approaches to improve mental health in specific groups						
Objective (if applicable):	Tailor approaches to improving the mental health of children and young people in the City of London						
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG rating

2.1	Provide training to increase knowledge of children and young people's emotional health, self-harm and suicide risk awareness amongst practitioners across a range of settings, in particular <ul style="list-style-type: none"> school nurses teachers clinicians Social Workers police probation staff school staff community workers. 	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Number of practitioners to have been offered mental health first aid training Number of practitioner to have taken up mental health first aid training 	Public health	<p>Public Health and Education unit will commission youth MH first aid training for teachers from City schools in the second half of the summer term. This is ongoing, interesting work with CAMHS : anna Froid training in Sir John Cass school, public health to evaluate in January 2019</p> <p>Young Hackney offer a range of talks about emotional and mental health for students, teachers and parents at City schools.</p> <p>As part of the CAHMS transformation programme, SJC have mental health worker and staff have been trained in the Anna Freud methodology.</p> <p>The City of London Police are delivering a 2hr suicide awareness session focusing on young people that helps participants understand the issue of suicide and how they can prevent it in their communities. Aimed at young people and those working with young people from across the City of London.</p>	Green
2.2	Improve mental health among specific groups through the implementation of the Mental Health Strategy	Apr-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Annual progress of the mental health action plan. 	Public Health	<p>Completed an update in May- over 90% of actions are green. The Mental Health Strategy and action plan will be updated in the second half of 2018. CG to ask update from Rachel Green or Jo henderson</p>	Green
2.3	Identify and support children/young people/vulnerable families where children are at risk of emotional and behavioural problems	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Every Looked After Child who needs it has a suicide prevention plan. 	City of London Children's Social Care	<p>It is standard procedure for every child who needs a suicide prevention plan to be given one. CG to invite someone from children social care to be on the suicide prevention working group to update us on this and 2.2</p>	Green
2.4	Help parents to feel competent in protecting their children from harmful suicide-related content online by raising awareness of e-safety education on good practice in creating a safer online environment for children and young people (as compiled by UK Council for Child Internet Safety (UKCCIS))	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> E-training module for parents to be disseminated to schools. 	CHCSB	<p>The training module has been developed and disseminated to schools. 12/18 The E training module runs by the CHCSB and we continue to provide the enhanced mental health service for LAC and care leavers</p>	Green
2.5	Migrant mental health – Ensure there are services to support migrants and undocumented individuals to access mental health services, particularly Care Leavers.	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Enhanced mental health service commissioned for Looked After Children and Care Leavers 	City of London Children's Social Care	<p>The enhanced mental health service is in place, 12/18 we continue to provide the enhanced mental health service for LAC and care leavers. 4/02/19 We have reviewed and recommissioned the Enhanced Service for LAC and care leavers. The enhanced service is now available for the first time since 2014-2018.</p>	Green
2.6	Social Prescribing – encourage adopting of the Five to Thrive principles to enhance wellbeing, reduce social isolation, provide peer support, reduce depression and build resilience	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Promotion of CCG lead five to thrive campaign 	CCG	<p>Further embedded in psychological services and GP depression reviews. All pharmacies can access FTT leaflets to distribute to patients. NK to ask Dan and Fawzia for updates.</p>	Green
2.7	Adapt the Public Health England document 'Identifying and responding to Suicide Clusters and Contagion' so shapes a local response.	Jun-17	May-19	<ul style="list-style-type: none"> Document produced 	CHCSB	<p>The document is complete and will be circulated by CG</p>	Green
2.8	Commission suicide prevention training specific to raising awareness of the risks to children and young people	Jun-17	Jun-18	<ul style="list-style-type: none"> Deliver 2 courses in the City of London 	Public Health	<p>The City of London Police with suicideTALK are delivering a 2hr suicide awareness session in May 18 focusing on young people that helps participants understand the issue of suicide and how they can prevent it in their communities. Aimed at young people and those working with young</p>	Green

Priority:	Reduce access to the mean of suicide						
Objective (if applicable):	Reduce the opportunities people have to commit suicide in the City of London						
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG rating
3.1	Include suicide risk in health and safety considerations by local authority planning departments and Environmental Health Officers and developers	Jun-17	Jan-19	<ul style="list-style-type: none"> · Suicide considerations in standard risk assessment/health and safety tick box template. · Suicide considered in Health Impact Assessments 	CoL Planning and Port Health and public protection	Col health and safety team see all planning apps and give comments where appropriate. Comments are picked up by the planning committee who are aware of suicide prevention work. Ongoing	Green
3.2	Evaluate 'The London Bridge Pilot' to reduce suicide and attempted suicide at this location	Apr-17	Sep-17	<ul style="list-style-type: none"> · Evaluation to Health and Wellbeing Board 	Public Health	The evaluation draft document is being to members of the working group for their feedback. 13/5/19 the document is now finalised and Nicole Klynman has asked Rory McCallum to share learnings and findings with the members of the suicide prevention group.	Green
3.3	Work with the Samaritans, East London Foundation Trust (ELFT) and City and Hackney Mind to develop a sustainable model of suicide prevention developed as part of the Bridge Pilot to City of London Workers	Apr-17	Ongoing (annual updates)	<ul style="list-style-type: none"> · Number of people trained · Examples where training has been used to good effect 	Public Health CoLP	Business Health and the Samaritans team have developed a sustainable model of delivery. See action 1.2 for more detail. Ongoing	Green
3.4	Engage with Transport For London, the British Transport Police and network rail to identify opportunities for further prevention of suicide at their locations	Jun-17	Ongoing	<ul style="list-style-type: none"> · Relationship to be built between City of London public health and TFL/BTP/network rail 	Public Health	TK attended workshop run by network rail about suicide prevention and met BTP, network rail and greater anglia colleagues. BTP are now sharing data with PH team. ongoing TK met with the new London Underground suicide prevention lead to discuss what they are doing, areas of potential overlap and data sharing	Green
3.5	Replace the signage on the lifebuoys on the City of London Bridges to contain the message 'dial 999 and ask for the Coastguard'	Jun-17	Dec-17	<ul style="list-style-type: none"> · New signs on bridges 	RNLI City of London Built environment	There is an issue with the signage on the tower of london wharf, english her	Complete

3.7	Put cameras on City of London Bridges to allow fast identification of which Bridge a person is on if they call, with monitoring at high risk times.	Jun-17	Dec-17	<ul style="list-style-type: none"> · Cameras on bridges 	One Safe City/ Secure City	Update from Novemebr 2017: One safe city is transitioning to a new programme called secure city. This work has been delayed as the transition occurs due to lack of resources in the police. There is no current timeline	Red
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3.9 Make suicide prevention risk a compulsory consideration in planning application May-19 Dec-19 suicide prevention in planning application Catherine Linford from Plann A steering group to work on making suicide prevention a compulsory Green

Priority:	Those who are bereaved or affected by suicide to feel informed and supported throughout their experience
Objective (if applicable):	Those who are bereaved or affected by suicide to feel informed and supported throughout their experience

Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG rating
4.1	Provide training and resources for primary care staff to raise awareness of the vulnerability and support needs of family members when someone takes their own life	Jun-17	Ongoing (annual updates)	<ul style="list-style-type: none"> Number of primary care staff who have received training 	CCG City of London Coroner	CCG trained their primary care staff in suicide prevention work on 1 December 2017. 40 Gps attended this training. awaiting on update from CCG. 4 hours Mandatory MH training now includes Suicide Prevention. 32 people attended stand alone suicide prevention training at Homerton hospital on the 1st December 2017. Advertisement of local offer on MHFA/Suicide training circulated through CHCCG networks. The Coroners office is routinely supporting families and providing information on their needs. Two new coroner officers have been appointed and are undergoing appropriate training. Senior coroner is introducing new processes to ensure this continues as routine procedure.	Green
4.2	Offer those bereaved as a result of suicide with a Family Liaison Officer (FLO) until the end of inquest	Jun-17	Ongoing (annual update)	<ul style="list-style-type: none"> Number of people offered FLO Number of people who take up offer of FLO 	CoLP	Police offer FLOs to all families of suicides of residents. They do not have the resources to offer one to all suicides that happen in the City but all families bereaved by suicide in the Square Mile are given support and resources by the Coroner's office. Col Police says it's hard to appoint a person for everyone as this is resource led, priority is given to city residents and for non resident links to their own services are provided. 13/5/19 it is uncertain whether or not this action should be on here according to CoLP because FLO are for criminal activities (except in the case of high profile suicide locations such as Saint Paul's) thus this is not an achievable action.	Amber

4.4	Engage city businesses to identify best practice regarding the mental health of its employees and promote it – particularly to those that have already experienced a suicide in their workforce.	Jun-17	Ongoing	<ul style="list-style-type: none"> Follow up with businesses who have undergone training Promote the suicide prevention agenda within City business groupings such as the 	CoL Health and Safety Business Healthy	Follow-up of Feb-17 session completed Aug-17. 3/22 participants of TTT element have delivered specific suicide prevention training within own organisations, with more incorporating suicide prevention awareness within more general training on mental health. Continued promotion of suicide prevention agenda to City employers and stakeholders through the	Green
4.5	Risks to be assessed by the City Corporations Health and Safety Team following on from any suicides in the workplace and any preventative /remedial measures are identified for action	Jun-17	Ongoing (annual update)	<ul style="list-style-type: none"> Number of risk assessments undertaken by the CoL Health and Safety team following suicides in City of London businesses 	CoL Health and Safety	The CoL health and safety team follow-up with workplaces where suicide occurs and work with colleagues to support them it where appropriate. There have been no suicides in the City where there has been a breach of health & safety legislation or good practice. business as usual 12/18	Green

4.7	Provide accessible, concise information on the processes and standards in a Coroner's inquiry to family members	Jun-17	Ongoing (annual updates)	Number of families given information	The Coroner	This is standard procedure by coroners office. This is ongoing on a separate action log. A new standard of proof for suicide is under appeal at the moment, it will lead to less open verdicts because it is more clear cut, it will give families more clarity and make dealing with families more straightforward and be good for the next suicide audit	Green
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Priority:	Support the media in delivering sensitive approaches to suicide and suicidal behaviour						
Objective (if applicable):	The media to report on suicide and suicide behaviour sensitively, taking into account guidance and support from other stakeholders.						
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG

5.3	Challenge, where possible, the publication of harmful or inappropriate material with reference to the updated laws on promoting suicide	Jun-17	Jun-20	Evidence of challenge of harmful or inappropriate material	City of London Corporation	On-going	Green
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Priority:	Support research, data collection and monitoring						
Objective (if applicable):	A comprehensive database of suicide in the City of London to be built						
Ref:	Action:	Start:	End:	Measure/outcome:	Lead officer/partner:	Update	RAG
6.1	Share local, national and international data and research on suicide prevention and effective interventions, and identify gaps in current knowledge	Jun-17	Ongoing (annual updates)	Shared with relevant partners	Public Health	on-going, shared through suicide audit	Green

6.3	Work with the local Coroner in order to aid accurate data collection and aid the development of targeted suicide prevention strategies	Jun-17	Ongoing	Joined up working and information sharing between the coroner and public health	Public Health Port Health and Public Protection	Received the data for 2015 and 2016. Data for 2017 is now being collated. Need to be shared with group to get feedback (03/19)	Green
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6.5	Develop an overarching data sharing agreement to allow the sharing of personal level suicide data between partners including the London Ambulance Service, British Transport Police, City of London Police and the City Corporation.	Jun-17	Dec-17	Data sharing agreement in place and signed by all partners	One Safe City	The legal agreement had been drafted however progress on this has stalled since the one safe city project ended as there is no permanent resource within the Corporation to oversee cross agency information sharing. One safe city no longer exists, Jon Avers, Davic McIntosh, Claire Giraud and Nicole Klynman still responsible for creating the agreement with	Green
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3.6	Put RNLI signs on embankments to contain the message 'dial 999 and ask for	Jun-17	Jun-18	· Signs on embankment	RNLI Public health	Complete	Complete
3.8	Work with the London Borough of Tower Hamlets and the London Borough of Southwark to get permission to place Samaritans signs on	Apr-17	Apr-18	· Signs on Tower and Southwark bridges.	Public health	Signs are up on Tower Bridge and Southwark bridge.	Complete
4.6	Promote Public Health England 'Help Is At Hand' document to key partners and make available in City Libraries	Jun-17	Jul-17	· Help is at hand document readily available in libraries	Public Health	Done	Complete
5.2	Share the 'Samaritans' Media Guidelines for Reporting Suicide with City Corporation, City Police and NHS media teams and ensure that they are aware of the	Jun-17	Jun-20	· Number of organisations aware of the Samaritans media guidelines	The Samaritans	The guidelines have been shared	Complete
5.4	Promote Business in the Community's "suicide post-vention toolkit for employers" to the Business Healthy network	Jun-17	Jun-20	· Posts on the Business Healthy website/newsletter/ social media (World Suicide Prevention day - 10 September 2017) · Include as a resource in training	Business Healthy Public Health	Done	Green

6.2	Develop the mechanisms for evaluating local suicide prevention work	Jun-17	Oct-17	· Evaluation of 'the Bridge Pilot'	Public Health	See action 3.2	green
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4.3	Provide bereaved families with an explanation of policies on investigation of patient suicides, opportunity to be involved and information on any actions taken as a result. Refer families to City of London bereavement services web pages	Jun-17	Ongoing (annual update)	<ul style="list-style-type: none"> Proportion of families who are referred to bereavement services 	CoLP	The FLO's should advise them to what is available to them, the FLO's would do their own research and find specific contacts for them to use.	Green
5.1	Ensure that local/regional newspapers and other media outlets: <ul style="list-style-type: none"> provide information about sources of support and helplines when reporting suicide avoid insensitive and inappropriate graphic illustrations with media reports of suicide avoid use of photographs taken from social networking sites 	Jun-17	Jun-20	<ul style="list-style-type: none"> All suicides reported on in a sensitive and appropriate way 	City of London Corporation and CoLP media Teams	The media guidelines have been shared. Media outlets don't always follow them but the CoLP and COLC media teams follow up with them when they don't.	Green
6.4	Routinely collect data on attempted suicide in the City from Section 136 booklets	Jun-17	Ongoing	<ul style="list-style-type: none"> S136 data to be collected by the City of London Police and shared with public 	City of London Police	s136 data is routinely collected and sent to PH team	Green